

**SHIVAJI UNIVERSITY, KOLHAPUR**  
**PROPOSED REVISED SYLLABUS (SEMESTER PATTERN)**  
**FOR B.A. II- PHYSICAL EDUCATION**

B.A.PartII (Physical Education)

- 1 TITLE : Revised syllabus (semester pattern)  
Under Faculty of Education
- 2 YEAR OF IMPLIMENTATION : Revised syllabus will be implemented  
From June 2019
- 3 DURATION : B.A.PartII- Two Semesters (one year)
- 4 PATTERN OF EXAMINATION : Semesters
- A) THEORY EXAMINATION : At the end of semester as per Shivaji University Rules
- B) PRACTICAL EXAMINATION : i) in first and Second Semesters (paper no III & IV)  
(Paper no V & VI) there will be Conduct of external practical and related mark sheet submitted by external examiner
- 5 MEDIUM OF INSTRUCTION : English/ Marathi
- 6 STRUCTURE OF COURSE : B.A.part –II  
Two semesters (Sem III and IV)  
Four papers

Sr.No	Paper No.	Semester	Course Title	Distribution of marks		
				Theory	Practical	Total
1	III	III	History of Physical Education	25	25	50
2	IV	III	Organization and Administration in Phy.Edu.	25	25	50
3	V	IV	History of Physical Education	25	25	50
4	VI	IV	Organization and Administration in Phy.Edu.	25	25	50

**7 SCHEME OF TEACHING:**

Sr.No	Paper No.	Semester	Course Title	Period/Paper		
				Theory	Practical	Total
1	III	III	History of Physical Education	2	2	4
2	IV	III	Organization and Administration in Phy.Edu.	2	2	4
3	V	IV	History of Physical Education	2	2	4
4	VI	IV	Organization and Administration in Phy.Edu.	2	2	4

## 8 SCHEME OF EXAMINATION

### A) THEORY

The theory exam shall be at the end of each semester.

All theory papers (No. III, IV, V and VI) shall carry 25 marks.

Evaluation of the performance of the students in theory shall be on the basis of semester Examination as mentioned above.

Question paper will be set in the view of entire syllabus preferably covering each unit of the syllabus.

Nature of question paper for Theory Examination

Descriptive question having 10 marks (one out of two)

Short note type question having 10 marks (Two out of three)

There will be one objective type question having (multiple choice) 5 marks.

There are two separate heads for passing i.e. Theory and Practical In theory and Practical minimum 9 marks out of 25 is required for passing in each head.

## **B.A. II (SEM-III) PHYSICAL EDUCATION**

**Paper No. III**

Total Credits 4 (2+2)

**Paper Title: HISTORY OF PHYSICAL EDUCATION**

Total Marks: 50

(Theory 25 + Practical 25)

Theory: 02 Lectures/Week/Paper

Practical: 02 Lectures/Week/Batch

### **OBJECTIVES:**

1. To acquaint students regarding reflections of physical education.
2. To aware students about global History of Physical Education.
3. To develop skill of students in relation with application of Philosophy of physical education and Professional approach.

### **(A)Theory (25marks) content of syllabus**

### **Lectures:**

#### **Module – I Physical Education in Ancient Times –**

- a) Elements of Physical Education in Primitive Societies with reference to Aims, Promotions, Programmes and methods of Physical Education.
- b) Physical Education in Ancient India –  
Periods:-
  - i. Advent of Aryans 1500 BCE to 600 BCE (Early Period)
  - ii. Epic Age 1000 BCE to 600 BCE
  - iii. Buddhist Period. 563 BCE to 483 BCEAccording to activities such as Archery, Wrestling, and Yoga etc.

#### **Module – II Reflections of physical education in Olympic Games –**

- a) Ancient Olympic Games (Aim & Nature) :-
  - I) Legendary origin,
  - II) significance of the games,
  - III) eligibility for participation, conduct of events, awards,
  - IV) Decline of ancient Olympics.
- b) Modern Olympic Games (Aim & Nature) :-
  - i) Revival of the Olympic Games.
  - ii) Controlling body.
  - iii) Olympic flag, Olympic torch.
  - iv) Eligibility criteria, venues, events, awards.
  - v) Opening and closing of ceremony.

Module – III Asian games

- a) History
  - i) Prior Information
  - ii) Formation
- b) Disciplines

**B.A. II (SEM-III) PHYSICAL EDUCATION**

**Paper No. IV**

Total Credits 4 (2+2)

**Paper Title: ORGANIZATION AND ADMINISTRATION IN PHYSICAL EDUCATION AND SPORTS.**

Total Marks: 50

(Theory 25 + Practical 25)

Theory: 02 Lectures/Week/Paper

Practical: 02 Lectures/Week/Batch

**OBJECTIVES:**

1. To acquaint students regarding Organization and conduct of program in physical education.
2. To aware students about conduct of sports events, equipment and facilities, budget making etc.
3. To develop skill of students in relation with application of Principles of Organization and Administration and their Professional service.

Emphasize need of well – defined administrative policies and the means of establishing these

**(A)Theory (25marks) content of syllabus**

**Lectures:**

**Module – I THE NATURE AND PHILOSOPHY OF ADMINISTRATION AND MANAGEMENT:**

- a) Nature of administration and management –
  - i) Meaning, Definition and Concept of Organization and Administration
  - ii) Need and Importance of Organization and Administration
- b) Philosophy of organization and administration -
  - i) Principles of Organization in Physical Education and Sports.
  - ii) Principles of Administration in Physical Education and Sports.

**Module – II ADMINISTRATION AND MANAGEMENT OF COMPETITIONS:**

- a) Competitions of Shivaji University –
  - i) Inter-collegiate / Zonal Competitions of Shivaji University.
  - ii) Inter-Zonal Competitions of Shivaji University.
  - iii) Inter university sports competitions.

B) Human resources for administration and management of competitions.

i) Organization body.

ii) Finance committee

iii) Officials and committees.

### Module – III **Organizing and Planning a Quality Physical Education Program**

a) Definition of Physical Education

b) Benefits of a Quality Physical Education Program

c) Essential Components of Physical Education

## **B.A. II (SEM-III) PHYSICAL EDUCATION**

**Paper No. III & IV**

Total Credits 8 (4+4)

**PRACTICALS**

Total Marks: 50 (25 + 25)

Practical: 02 Practical/Week/Batch

a) There are two separate heads for passing i.e. Theory and Practical

b) There should be 20 students in single batch while conducting the Practical Examination. The concern College will make all necessary arrangement including ground marking, Water Supplier, Equipments, availability of sports equipments as well as supportive staff for the purpose.

c) The Practical will carry 50 marks. Divide into two papers even marks should give in paper No. 3 (i. e. 39 marks divided into two papers as paper No. 3 - 20 marks, paper No. 4 - 19 marks)

A) Athletics –

20 Mark

i) Discus Throw  
Performance

**10 Marks**  
06 Marks

Men Women Marks

18M. 15M. 06 Marks

16 M. 14M. 04 Marks

14M. 13M. 02Marks

For Techniques & modern Styles

04 Marks

ii) Middle Distance Run

800 M. Running -

**10 Marks**

Men Women Marks

2.40 Sc. 3.40 Sec. 06 Marks

2.45 Sc. 3.45 Sec. 04 Marks



## **B.A. II (SEM-IV) PHYSICAL EDUCATION**

**Paper No. V**

Total Credits 4 (2+2)

**Paper Title: HISTORY OF PHYSICAL EDUCATION**

Total Marks: 50

(Theory 25 + Practical 25)

Theory: 02 Lectures/Week/Paper

Practical: 02 Lectures/Week/Batch

### **OBJECTIVES:**

1. To acquaint students regarding reflections of physical education.
2. To aware students about National History of Physical Education .
3. To develop skill of students in relation with application of Philosophy of physical education and Professional approach.

### **(A)Theory (25marks) content of syllabus**

### **Lectures:**

#### **Module – I Physical Education in India –**

- a) Development of Physical Education in India :
  - i. Mongol Period.
  - ii. British Period.
  - iii. Post Independence Period.
- b) Development of Physical Education in Maharashtra.
  - i) Maratha Period : 1600 A. D. onward
  - ii) British Period : 1800 A. D. onwards
  - iii) Period of Nationalism : 1920 onwards
  - iv) Modern Period : 1937 onwards

#### **Module – II Different Institutions for training in Physical Education in India.**

- a) Netaji subhash National Institute of sports
- b) Lakshmibai National Institute of Physical Education
- c) Sports India

#### **Module – III Sports Awards in India**

- a) National Level Awards
  - i) Rajiv Gandhi Khel Ratna Award
  - ii) Arjun Award
  - iii) Dronacharya Award
- b) State Level Awards( In Maharashtra)
  - i) Shiv Chhatrapati Rajya Krida Puraskar
  - ii) Jijamata Rajya Krida Puraksar
  - iii) Eklavya Puraskar (For differently abled achievers)
  - iv)

## **B.A. II (SEM-IV) PHYSICAL EDUCATION**

**Paper No. VI**

Total Credits 4 (2+2)

**Paper Title: ORGANIZATION AND ADMINISTRATION IN PHYSICAL EDUCATION AND SPORTS.**

Total Marks: 50

(Theory 25 + Practical 25)

Theory: 02 Lectures/Week/Paper

Practical: 02 Lectures/Week/Batch

### **OBJECTIVES:**

1. To acquaint students regarding Organization and conduct of various competitions.
2. To aware students about conduct of sports events, equipment and facilities, budget making etc. .
3. To develop skill of students regarding preparation of various play fields.
4. Emphasize need of well – defined administrative policies and the means of establishing these.

**(A)Theory (25marks) content of syllabus**

**Lectures:**

Module – I Meets and Tournaments

- a) Importance of meets and tournaments.
- b) Types of Tournaments –
  - i) Knock-out system
  - ii) League system
  - iii) Combination system.

(To draw the lots, their merits and demerits)

- c) Athletic Meet : Officials, various Committees, Opening ceremony, closing ceremony

Module – II Play ground Standards and Facilities

- a) Preparation and Maintenance of Playgrounds.
- b) Gymnasium: Standards, Facilities and Maintenances.
- c) Lay-out of Play fields – Kabaddi, Kho-Kho, Volleyball, Handball, Cricket, Basket Ball.

Module – III Sport Equipments

- a) Policies of purchases of Sports Equipments.
- b) Care and Maintenance of Sports Equipments.

## B.A. II (SEM-III) PHYSICAL EDUCATION

Paper No. III & IV

Total Credits 8 (4+4)

PRACTICALS

Total Marks: 50 (25 + 25)

Practical: 02 Practical/Week/Batch

A) Athletics –				20 Mark
i) High Jump				10 Marks
Performance -				
Men	Women		Marks	
1.30M.	1.10M.		06 Marks	
1.25 M.	1.05M.		04 Marks	
1.20M.	1.00M.		02Marks	
For Techniques & modern Style				04 Marks
ii) Middle Distance Running				10 Marks
1500 M. Running –				
Men	Women		Marks	
5.45 Sc.	7.00 Sec.		06 Marks	
5.50 Sc.	7.10 Sec.		04 Marks	
5.55 Sc.	7.20 Sec.		02 Marks	
For Knowledge of Rules & Regulations -				04 Marks
B) Ball Game				14 Marks
Hand Ball or Basket Ball				
Fundamental Skills-				10 Marks
Knowledge of Rules & Regulations -				04 Marks
C) Ground Marking				06 Marks
Kho-kho/ Hand Ball/ Basket Ball (Any One)				
D) Record Book				10 Marks

RESULT SHEET = (Practical Examination) 50 Marks  
Sem-IV Paper- No.- V & VI

Exam no.	Roll no.	Name	Athletics	Ground Marking	Ball Game	Record Book	Total	Paper	
			20	06	14	10	50	V	VI

### References:

1. E. F. Voltimen and A. A. E. – Islinger – The Organization of Administration of Physical Education.
2. Jay B. Nash – The Administration of Physical Education.
3. Prin. P. M. Joseph – Organization of Physical Education – The Old Student's Association, T.I.P.E., Bombay.
4. Organization of Physical Education – by J. P. Thomas.
5. Administration of School Health and Physical Education Programme – by C. A. Bucher.
6. Williams J. F. and others – The Administration of Health and Physical Education – Philadelphia – W. B. Saunders Co.
- 7.